

# Institute for Early Learning

June – August 2010 Catalog

**Registration Begins  
May 12, 2010**

Professional Development and Training in Early Care and Education



Department of Family Services • Office for Children

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[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc)



*The Institute for Early Learning  
facilitates the professional development  
of individuals working with young  
children through responsive,  
educational training opportunities  
related to early care and learning.*



Fairfax County is committed to providing equal access to all its citizens and activities. In compliance with applicable law, reasonable accommodation will be provided upon request. Call 703-324-3044 or TTY 711.



A Fairfax County, VA  
Publication

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Thank you for your interest in professional development classes offered by the Office for Children's Institute for Early Learning. We look forward to providing responsive, educational training opportunities as we help you create learning experiences for children of all ages.

## Competencies for Child Care Professionals

Virginia child care experts have identified eight skill areas that are important for child care providers to master. You can increase your ability to provide quality learning experiences for young children by taking courses in all of these areas. The next page shows how each of our courses relates to these eight competency areas.

- Area I: Health, Safety and Nutrition
- Area V: The Learning Environment
- Area II: Child Growth and Development
- Area VI: Effective Interactions and Positive Guidance
- Area III: Child Observation and Assessment
- Area VII: Program Management
- Area IV: Partnering With Families and Community
- Area VIII: Teacher Qualification/Professional Development

## Course Level

Our courses are labeled basic, intermediate, advanced or all levels. You can take courses at any level, however it helps to start with basic courses if you are new to the profession.

- **Basic:** Classes for those who are new to child care or who want to build a strong foundation in early childhood education.
- **Intermediate:** For those with some experience in child care who desire a greater understanding of young children or seek new ideas for their programs.
- **Advanced:** For those who have worked with children for many years and want to increase their knowledge of early care and learning.
- **All Levels:** Classes that provide valuable information for all learners.

## School Readiness Certificate

The School Readiness Certificate program is a series of four courses (45 hours) that helps you prepare children to enter kindergarten ready to succeed. Once you have successfully completed the four courses, you may be eligible for credit through Northern Virginia Community College.

## Early Learning Guidelines for Young Children

Fairfax County's "Early Learning Guidelines" are used to explore how children develop in eight key areas and how you can support children's growth in each domain. The "Early Learning Guidelines" will help you plan learning experiences for the children in your care. View the "Early Learning Guidelines" at:

[www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc).

### Early Learning Guidelines – Domains

- SE – Social and Emotional Development
- AL – Approaches to Learning
- LIT – Literacy
- MA – Mathematics
- CA – Creative Arts
- HP – Health and Physical Development
- LA – Language
- SCI – Science

## The Business of Family Child Care

If you are a family child care provider, the workshops on pages 21-22 can help you successfully care for children in your home. **If you would like to become a family child care provider, please call 703-324-8100.**

**Training hours are creditable toward initial CDA requirements.**

# Course List by Virginia Competency Areas

## Area I: Health, Safety and Nutrition

- Healthy Food Choices
- Family Child Care Business Workshops

## Area II: Child Growth and Development

- Children's Natural Temperaments
- Infant Development: Birth to 18 Months
- Toddler Development: 18 Months to Age 3
- Preschool Development: Ages 3 to 5
- Special Quest: Including Infants and Toddlers With Disabilities
- Supporting Social-Emotional Development
- Understanding School-Age Children

## Area III: Child Observation and Assessment

- Writing Objective Observations

## Area IV: Partnering With Families and Community

- Amazing Days: Celebrating With Families

## Area V: The Learning Environment

- Active Learning
- Art for Preschoolers
- Board Games and Math
- Books and More: Creating Stories for Young Children
- Connecting With the Outdoors
- Dramatic Play
- Kids in the Kitchen
- Learning Through Play: Birth to Age 3
- Making Children's Books
- Movement Activities for Preschoolers
- Play for Preschoolers: Make It Active!
- Preschool Math
- Read Aloud Well to Preschool Children
- Reading Stories With Infants and Toddlers
- Science Made Easy
- Sensory Awareness/Sensory Tables
- Songs, Stories and Signs for the Very Young
- Songs Throughout the Day
- Storytelling
- Supporting Children's Play
- The Project Approach
- Watercolors for Older Preschoolers
- WolfTrap: Story Boxes: Looking Beyond the Book

## Area VI: Effective Interactions and Positive Guidance

- Nurturing Adult-Child Interactions: Birth to Age 3
- Nurturing Adult-Child Interactions: Preschoolers
- Positive Guidance: Giving Children Clear Directions
- Positive Guidance: Realistic Choices
- Supporting Children's Learning: Birth to Age 3
- Supporting Children's Learning: Preschoolers

## Area VII: Program Management

- Introduction to the "Early Learning Guidelines"
- Family Child Care Business Workshops

## Area VIII: Teacher Qualification/Professional Development

- Accreditation, Credential and Certificate Orientation
- Family Child Care Business Workshops

## Cursos en Español

- Apoyando el Aprendizaje de los Bebés y Niños
- Canciones, Cuentos y Señas para los mas Pequeños
- Entrenamiento de Medio Dia para las Proveedoras de Cuidado de Niños
- Libros y Más: Creando Cuentos para los Niños Pequeños

## Family Child Care Business Workshops

- Accreditation, Credential and Certificate Orientation
- Child Abuse and Neglect Recognition and Response
- Emergency Preparedness
- Entrenamiento de Medio Dia para las Proveedoras de Cuidado de Niños
- Growing Your Child Care Business
- Growing Your Child Care Business: The Next Step
- Infant Nutrition
- SIDS and Shaken Baby Syndrome
- USDA Child and Adult Care Food Program Orientation

### To Enroll

Enrollment is available to professionals working in a legally operating child care center, preschool, or family child care home in Fairfax County and to early childhood professionals living in Fairfax County.

- If you are a family child care provider, you may enroll in **two** Institute courses or workshops (see pages 6-19) **and two** Family Child Care Business workshops (see pages 21-22).
- If you work in a center or preschool, you may enroll in **two** Institute courses (see pages 6-19). A limit of **five** staff from the same center or preschool may enroll in the same course or workshop.
- You must be **enrolled** in a course or workshop to attend. On-site enrollment is not available. If you are not enrolled or are on a waiting list, you will be unable to participate.

### To Cancel

If you are unable to attend a course or workshop, please cancel your enrollment at least 24 hours in advance.

Call the training line: **703-324-3044** or e-mail **dfsifel@fairfaxcounty.gov**.

### Inclement Weather Policy

If you have a question about a weather-related cancellation, you may call the training line at 703-324-3044. You will hear an announcement if training has been cancelled.

**If Fairfax County Government is closed or closes early, training classes are cancelled.**

**If Fairfax County Public Schools:**

- Are closed: there will be no training that day or that evening.
- Open late: there will be no morning training, but afternoon and evening training will continue as scheduled.
- Close early: there will be no afternoon or evening training.
- Cancel evening activities: there will be no evening training.
- Are closed on Friday: please call the training line at 703-324-3044 to find out if your Saturday training has been cancelled. You will hear an announcement if training has been cancelled.

### Additional Information

- To receive a certificate of completion for a workshop, you must attend the entire workshop.
- To receive a certificate of completion for courses with multiple sessions, you must attend all course sessions.
- To receive a letter of participation for courses with multiple sessions, you must attend more than half the course sessions.
- Training is offered at different locations throughout Fairfax County. Please be sure to check the dates, times and locations of courses before completing the registration form.
- Training is for adults only; we cannot accommodate children in any of the courses or workshops.

**Please Note:** Some courses may require projects that are completed at home in order to receive credit.

## VIEW THE CATALOG ONLINE

For more information about child care training or to read this catalog online, visit the Fairfax County Office for Children Web site at [www.fairfaxcounty.gov/ofc](http://www.fairfaxcounty.gov/ofc).

## Now You Can View the Catalog Online Before Registration Begins!



The screenshot shows the website <http://www.fairfaxcounty.gov/ofc/> in a Windows Internet Explorer browser. The page features the Fairfax County Virginia logo and a navigation menu with links like Home, Living Here, Doing Business, Visiting, Departments & A, and Fairfax County. A search bar is also present. On the left, there is an 'Index' section with a list of links. A callout box with a blue border and a white background points to the 'Catalog -- Institute for Early Learning' link in the index. The text inside the box reads: 'To view the current catalog, type **www.fairfaxcounty.gov/ofc** in the address field, then click on the words "Catalog -- Institute for Early Learning."'. Below the index, the 'This Month' section displays three featured items: 'Child care professionals: apply for a training scholarship by April 30.', 'Care for up to five children in your home? Apply for a child care permit.', and 'Head Start launches "I Can Keep My Child Healthy" project.'

You can view the catalog online by the first week of December, May and August.  
**Registration for Summer 2010 classes begins Wednesday, May 12, 2010.**

### NEW!

#### Nurturing Adult-Child Interactions: Birth to Age 3

Course: 4 hours

Course Level: All Levels

Explore ways to interact with infants, toddlers and 2-year-olds in a nurturing manner that supports children's healthy development. Learn to help children regulate their own behaviors and identify their feelings.

**Wednesdays, June 2, 9**  
**7 – 9 p.m.**

**Course #: 1371-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Lora Fader Dunne  
Facilitator: ITSN Team

CDA Content Areas: 3, 8

### NEW!

#### Learning Through Play: Birth to Age 3

Workshop: 2 hours

Course Level: All Levels

Learn to create environments that support infant and toddler exploration and discovery. Determine how to select toys that fit children's ever-increasing abilities at each stage of early development.

**Thursday, June 3**  
**7 – 9 p.m.**

**Course #: 1359-01**

The Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

CDA Content Areas: 2, 3

### NEW!

#### Supporting Children's Learning: Birth to Age 3

Course: 4 hours

Course Level: All Levels

Consider how your interactions and the words you use can help our youngest children learn. Discover ways to enhance your role as a careful observer of children so that you are better able to guide the learning process for young children. Learn how to support children's development through activities, daily routines and adult-child interactions.

**Thursdays, June 3, 10**  
**7 – 9 p.m.**

**Course #: 1372-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Lora Fader Dunne  
Facilitator: ITSN Team

CDA Content Areas: 2, 7

#### Introduction to the "Early Learning Guidelines"

Course: 4 hours

Course Level: All Levels

Examine the rationale, structure and content of the Fairfax County Office for Children "Early Learning Guidelines." Explore the guidelines as a useful tool for observation, assessment, planning and communicating with parents in your child care program. You will receive a copy of the "Early Learning Guidelines."

**Tuesdays, June 8, 15**  
**7 – 9 p.m.**

**Course #: 1249-02**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

CDA Content Areas: 2, 7

#### Introduction to the "Early Learning Guidelines"

Course: 4 hours

Course Level: Advanced

Examine the rationale, structure and content of the Fairfax County Office for Children "Early Learning Guidelines." Explore the guidelines as a useful tool for observation, assessment, planning and communicating with parents in your child care program. You will receive a copy of the "Early Learning Guidelines."

**Thursdays, June 3, 10**  
**7 – 9 p.m.**

**Course #: 1249-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Areas: 2, 7

### NEW!

#### SpecialQuest – Including Infants and Toddlers With Disabilities

Course: 4 hours

Course Level: All Levels

Discuss the benefits of including young children with disabilities in your program. Learn specific strategies to help plan for a child with disabilities. (Arabic translation will be provided.)

**Tuesdays, June 8, 15**  
**7 – 9 p.m.**

**Course #: 1378-01**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenters: Bronwyn Dean and Pam Park

CDA Content Areas: 4, 7



## Science Made Easy

Course: 4 hours

Course Level: All Levels

Science can be fun and simple. Explore easy science experiences to use in your program. Learn how to incorporate science concepts into learning opportunities and enhance children's abilities to see science all around them.

**Tuesdays, June 8, 15**

**Course #: 1144-01**

**1 – 3 p.m.**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Marshann Snyder

CDA Content Areas: 2, 3

## NEW!

### Play for Preschoolers: Make It Active!

Workshop: 2 hours

Course Level: All Levels

Active child-centered play is an essential part of childhood. Explore how children move from parallel play to cooperative play in the process of socialization.

**Thursday, June 10**

**Course #: 1360-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

CDA Content Areas: 2, 3

## Storytelling

Workshop: 3 hours

Course level: All Levels

Spark children's imagination, build literacy skills and have fun at the same time. Learn and practice simple techniques for sharing stories with young children.

**Saturday, June 12**

**Course #: 1320-01**

**9:30 a.m. – 12:30 p.m.**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher

CDA Content Area: 2

## Sensory Awareness and Sensory Tables

Workshop: 3 hours

Course Level: All Levels

This hands-on class will explore various sensory awareness activities you can provide for children throughout the year, using materials you probably already have.

**Saturday, June 12**

**Course #: 1328-01**

**9:30 a.m. – 12:30 p.m.**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3

## NEW!

### Healthy Food Choices

Workshop: 2 hours

Course Level: All Levels

Nutrition labels are often confusing. Learn how to read nutrition labels and understand the information they provide. Discover ways to create healthy meals using foods from local grocery stores.

**Monday, June 14**

**Course #: 1373-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 104  
10201 Main Street, Fairfax 22030  
Presenter: Denise Reid

CDA Content Area: 1

## Positive Guidance: Giving Children Clear Directions

Workshop: 2 hours

Course Level: All Levels

Phrasing comments and directions in positive ways helps children be successful. Learn how to tell children what to do, instead of what not to do. Practice creating clear expectations using positive phrasing techniques.

**Wednesday, June 16**

**Course #: 1296-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

CDA Content Area: 3

June  
Classes

### NEW!

#### Books and More: Creating Stories for Young Children

Course: 4 hours

Course Level: All Levels

Create a special relationship with infants and toddlers through books and stories. Explore basic early literacy and language concepts, as well as various ways to share stories with young children. Includes ideas for using puppets and props.

**Wednesdays, June 16, 23**

**Course #: 1374-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 213

10201 Main Street, Fairfax 22030

Presenter: Andrea Sobel

Facilitator: ITSN Team

CDA Content Areas: 2, 3

### NEW!

#### Supporting Children's Play

Workshop: 2 hours

Course Level: All Levels

Teachers and caregivers can assume many partner roles with children during play. Determine how to skillfully participate in children's fascinating play.

**Thursday, June 17**

**Course #: 1361-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Areas: 2, 3

#### Amazing Days: Celebrating With Children

Course: 4 hours

Course Level: All Levels

Celebrations are important to children and families. Discover ways to support the unique interests, traditions and customs of children and families.

**Thursdays, June 17, 24**

**Course #: 1251-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 208

10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

CDA Content Area: 4

### NEW!

#### Infant Development: Birth to 18 Months

Course: 4 hours

Course Level: All Levels

Learn ways to support infants in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with young children.

**Tuesdays, June 22, 29**

**Course #: 1362-01**

**7 – 9 p.m.**

Gum Springs Glen, Training Room

7839 Richmond Highway, Alexandria 22306

Presenter: Maria Gallagher

CDA Content Area: 8

#### Art for Preschoolers

Course: 4 hours

Course Level: All Levels

Learn how to create a supportive atmosphere for young children to experience art. Identify and use conversational strategies that encourage children to think about their art. Be prepared to work with messy materials.

**Tuesdays, June 22, 29**

**Course #: 1256-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 208

10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

CDA Content Areas: 2, 3

#### Science Made Easy

Course: 4 hours

Course Level: All Levels

Science can be fun and simple. Explore easy science experiences to use in your program. Learn how to incorporate science concepts into learning opportunities and enhance children's abilities to see science all around them.

**Tuesdays, June 22, 29**

**Course #: 1144-02**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Areas: 2, 3

## NEW!

### Infant Development: Birth to 18 Months

Course: 4 hours

Course Level: All Levels

Learn ways to support infants in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with young children.

**Wednesdays, June 23, 30**  
**7 – 9 p.m.**

**Course #: 1362-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher  
CDA Content Area: 8

## NEW!

### Reading Stories With Infants and Toddlers

Course: 4 hours

Course Level: Basic

Young children love to look at books! Learn how you can use books when talking to, interacting with and exploring reading with very young children. Discover many ways to focus on books, and how to use books in developmentally appropriate ways to enhance learning opportunities in your program.

**Wednesdays, July 14, 21**  
**6:45 – 8:45 p.m.**

**Course #: 1325-01**

City of Fairfax Regional Library  
10360 North Street, Fairfax 22030  
For Directions Only: 703-293-6227  
Presenter: Renee Edwards  
CDA Content Area: 2

### Positive Guidance: Giving Children Clear Directions

Workshop: 2 hours

Course Level: All Levels

Phrasing comments and directions in positive ways helps children be successful. Learn how to tell children what to do, instead of what not to do. Practice creating clear expectations using positive phrasing techniques.

**Thursday, June 24**  
**7 – 9 p.m.**

**Course #: 1296-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist  
CDA Content Area: 3

## NEW!

### Connecting With the Outdoors

Workshop: 3 hours

Course Level: All Levels

Participate in an outdoor scavenger hunt from a child's point of view. Examine how outdoor play promotes child development and equips children with strong educational foundations. Learn more about the outdoor play environment and what children might do with various materials and equipment.

**Saturday, June 26**  
**9:30 a.m. – 12:30 p.m.**

**Course #: 1363-01**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder  
CDA Content Area: 2

### The Project Approach

Workshop: 3 hours

Course Level: Advanced

Explore how teaching and learning are interactive processes. Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's life experiences.

**Saturday, June 26**  
**9:30 a.m. – 12:30 p.m.**

**Course #: 1344-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist  
CDA Content Areas: 2, 3

## NEW!

### Understanding School-Age Children

Workshop: 2 hours

Course Level: All Levels

Discover the physical, social, emotional and intellectual characteristics of school-age children. Explore activities and opportunities you can provide that will encourage healthy development.

**Monday, June 28**  
**7 – 9 p.m.**

**Course #: 1375-01**

Resource Center at Main Street, Room 104  
10201 Main Street, Fairfax 22030  
Presenters: Kelvin Claytor and Kathy Uhrich

June  
Classes

New  
Dates

### NEW!

#### Nurturing Adult-Child Interactions: Preschoolers

Course: 4 hours

Course Level: All Levels

Explore many ways to interact with preschool children and develop nurturing relationships that support healthy growth and development. Discuss ideas for using nurturing adult-child relationships to promote positive social relationships between children.

**Wednesdays, June 30; July 7**  
**7 – 9 p.m.**

**Course #: 1376-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Lora Fader Dunne  
Facilitator: IFEL Team

CDA Content Areas: 3, 8

### NEW!

#### Preschool Math

Course: 4 hours

Course Level: All Levels

Math is a natural part of the everyday world. Learn how preschool children develop mathematical knowledge. Experience the delight of exploring early math through sensory materials.

**Thursdays, July 1, 8**  
**7 – 9 p.m.**

**Course #: 1364-01**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

CDA Content Areas: 2, 3

#### Positive Guidance: Giving Children Clear Directions

Workshop: 2 hours

Course Level: All Levels

Phrasing comments and directions in positive ways helps children be successful. Learn how to tell children what to do, instead of what not to do. Practice creating clear expectations using positive phrasing techniques.

**Thursday, July 1**  
**7 – 9 p.m.**

**Course #: 1296-03**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist

CDA Content Area: 3

#### Songs, Stories and Signs for the Very Young

Workshop: 2 hours

Course Level: All Levels

Learn how to engage infants and toddlers in storytelling, singing, fingerplays, puppetry and other expressive arts while using basic American Sign Language to increase vocabulary and communication skills. Explore techniques that will spark a love of learning in the youngest children. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, July 7**  
**7 – 9 p.m.**

**Course #: 1350-01**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenters: Susan Hayes and Jody Katz  
Facilitator: ITSN Team

CDA Content Areas: 2, 3

#### Songs Throughout the Day

Course: 4 hours

Course Level: All Levels

Learn new songs to sing with children whether or not you consider yourself to be a singer. These songs can be used throughout the day in every child care setting.

**Thursdays, July 8, 15**  
**7 – 9 p.m.**

**Course #: 1293-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

CDA Content Area: 2

#### Dramatic Play

Workshop: 3 hours

Course Level: All Levels

Young children enjoy dramatic play. Look at the various stages of imaginative play and learn how adults can support children during each stage of development. Be ready to explore dramatic play prop boxes!

**Saturday, July 10**  
**9:30 a.m. – 12:30 p.m.**

**Course #: 1264-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3



## The Project Approach

Workshop: 3 hours

Course Level: Advanced

Explore how teaching and learning are interactive processes. Learn how to build on individual and group interests while developing in-depth studies and investigations based on children's life experiences.

**Saturday, July 10**

**Course #: 1344-02**

**9:30 a.m. – 12:30 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Karen Quist

CDA Content Areas: 2, 3

## Children's Natural Temperaments

Course: 4 hours

Course Level: All Levels

Using knowledge about children's inborn personality traits benefits your work with children. Learn about the nine temperament traits, look at your own temperament, and practice how to respond to children with different temperaments.

**Tuesdays, July 13, 20**

**Course #: 1301-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Areas: 3, 8

## Positive Guidance: Realistic Choices

Workshop: 2 hours

Course Level: All Levels

Offering children choices that they can make helps them gain control of their actions and begin to take responsibility. Learn how to offer realistic choices and practice creating choices that are appropriate for young children.

**Wednesday, July 14**

**Course #: 1295-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 213

10201 Main Street, Fairfax 22030

Presenter: Karen Quist

CDA Content Area: 3

## Songs, Stories and Signs for the Very Young

Workshop: 2 hours

Course Level: All Levels

Learn how to engage infants and toddlers in storytelling, singing, fingerplays, puppetry and other expressive arts while using basic American Sign Language to increase vocabulary and communication skills. Explore techniques that will spark a love of learning in the youngest children. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, July 14**

**Course #: 1350-02**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenters: Susan Hayes and Jody Katz

Facilitator: ITSN Team

CDA Content Areas: 2, 3

## NEW!

## Board Games and Math

Course: 4 hours

Course Level: All Levels

Let's play board games! Learn how to modify board games to promote young children's mathematical thinking. Create your own board game based on children's literature. Participants will make a board game to bring to the second class.

**Thursdays, July 15, 29**

**Course #: 1365-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Areas: 2, 3

## Sensory Awareness and Sensory Tables

Workshop: 3 hours

Course Level: All Levels

This hands-on class will explore various sensory awareness activities you can provide for children throughout the year, using materials you probably already have.

**Saturday, July 17**

**Course #: 1328-02**

**9:30 a.m. – 12:30 p.m.**

Resource Center at Main Street, Room 208

10201 Main Street, Fairfax, 22030

Presenter: Bronwyn Dean

CDA Content Areas: 2, 3

July  
Classes

### NEW!

#### Toddler Development: 18 Months to Age 3

Course: 4 hours

Course Level: All Levels

Learn ways to support toddlers in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with young children.

**Tuesdays, July 20, 27**  
**7 – 9 p.m.**

**Course #: 1366-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher  
CDA Content Area: 8

### NEW!

#### Toddler Development: 18 Months to Age 3

Course: 4 hours

Course Level: All Levels

Learn ways to support toddlers in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with young children.

**Wednesdays, July 21, 28**  
**7 – 9 p.m.**

**Course #: 1366-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher  
CDA Content Area: 8

#### Movement Activities for Preschoolers

Course: 4 hours

Course Level: All Levels

Find ways to encourage children to be more active. Explore games and movement activities that are appropriate for preschool children. Dress comfortably as you will be moving around the room and be down on the floor for activities.

**Tuesdays, July 20, 27**  
**7 – 9 p.m.**

**Course #: 1324-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean  
CDA Content Areas: 2, 3

#### Positive Guidance: Realistic Choices

Workshop: 2 hours

Course Level: All Levels

Offering children choices that they can make helps them gain control of their actions and begin to take responsibility. Learn how to offer realistic choices and practice creating choices that are appropriate for young children.

**Thursday, July 22**  
**7 – 9 p.m.**

**Course #: 1295-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist  
CDA Content Area: 3

#### Kids in the Kitchen

Workshop: 2 hours

Course Level: All Levels

Children enjoy making things to eat and they learn a lot in the process of cooking. Make ice-cream-in-a-bag and participate in other fun cooking experiences. Take home several recipes you can make with the children in your care.

**Wednesday, July 21**  
**7 – 9 p.m.**

**Course #: 1294-01**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist  
CDA Content Area: 2

#### Art for Preschoolers

Course: 4 hours

Course Level: All Levels

Learn how to create a supportive atmosphere for young children to experience art. Identify and use conversational strategies that encourage children to think about their art. Be prepared to work with messy materials.

**Thursdays, July 22, 29**  
**7 – 9 p.m.**

**Course #: 1256-02**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean  
CDA Content Areas: 2, 3

## NEW!

### Healthy Food Choices

Workshop: 2 hours

Course Level: All Levels

Nutrition labels are often confusing. Learn how to read nutrition labels and understand the information they provide. Discover ways to create healthy meals using foods from local grocery stores.

**Monday, July 26**

**Course #: 1373-02**

**7 – 9 p.m.**

Resource Center at Main Street, Room 104

10201 Main Street, Fairfax 22030

Presenter: Denise Reid

CDA Content Area: 1

## Kids in the Kitchen

Workshop: 2 hours

Course Level: All Levels

Children enjoy making things to eat and they learn a lot in the process of cooking. Make ice-cream-in-a-bag and participate in other fun cooking experiences. Take home several recipes you can make with the children in your care.

**Wednesday, July 28 Course #: 1294-02**

**7 – 9 p.m.**

Resource Center at Main Street, Room 213

10201 Main Street, Fairfax 22030

Presenter: Karen Quist

CDA Content Area: 2

## NEW!

### Understanding School-Age Children

Workshop: 2 hours

Course Level: All Levels

Discover the physical, social, emotional and intellectual characteristics of school-age children. Explore activities and opportunities you can provide that will encourage healthy development.

**Monday, July 26**

**Course #: 1375-02**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenters: Kelvin Claytor and Kathy Uhrich

## NEW!

### Supporting Social-Emotional Development

Course: 4 hours

Course Level: All Levels

Very young children need dependable, nurturing and continuous care for strong social-emotional development. Learn more about social-emotional development and how to support it.

**Tuesdays, July 27; August 3**

**Course #: 1367-01**

**7 – 9 p.m.**

Resource Center at Main Street, Room 211

10201 Main Street, Fairfax 22030

Presenter: Marshann Snyder

CDA Content Areas: 3, 8

July  
Classes



### NEW!

#### Preschool Development: Ages 3 to 5

Course: 4 hours

Course Level: All Levels

Learn ways to support preschoolers in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with children.

**Tuesdays, August 3, 10**  
**7 – 9 p.m.**

**Course #: 1368-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher  
CDA Content Area: 8

#### Making Children's Books

Workshop: 2 hours

Course Level: All Levels

Children love to hear their favorite stories again and again. They also enjoy "reading" books they have created. Learn how to make easy children's books.

**Tuesday, August 3**  
**7 – 9 p.m.**

**Course #: 1076-01**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean  
CDA Content Area: 2

#### Songs, Stories and Signs for the Very Young

Workshop: 2 hours

Course Level: All Levels

Learn how to engage infants and toddlers in storytelling, singing, fingerplays, puppetry and other expressive arts while using basic American Sign Language to increase vocabulary and communication skills. Explore techniques that will spark a love of learning in the youngest children. Sponsored by the Virginia Infant & Toddler Specialist Network.

**Wednesday, August 4**  
**7 – 9 p.m.**

**Course #: 1350-03**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenters: Susan Hayes and Jody Katz  
Facilitator: ITSN Team  
CDA Content Areas: 2, 3

### Positive Guidance: Realistic Choices

Workshop: 2 hours

Course Level: All Levels

Offering children choices that they can make helps them gain control of their actions and begin to take responsibility. Learn how to offer realistic choices and practice creating choices that are appropriate for young children.

**Wednesday, August 4**  
**7 – 9 p.m.**

**Course #: 1295-03**

Resource Center at Main Street, Room 213  
10201 Main Street, Fairfax 22030  
Presenter: Karen Quist  
CDA Content Area: 3

### NEW!

#### Preschool Development: Ages 3 to 5

Course: 4 hours

Course Level: All Levels

Learn ways to support preschoolers in all areas of their development – social, emotional, intellectual and physical. Examine child development theories and the implications for your work with children.

**Thursdays, August 5, 12**  
**7 – 9 p.m.**

**Course #: 1368-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher  
CDA Content Area: 8

### Active Learning

Course: 4 hours

Course Level: Intermediate

Understand the role of adults in an active learning environment. Discover ways to create a supportive environment that will encourage active learning.

**Thursdays, August 5, 12**  
**7 – 9 p.m.**

**Course #: 1250-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Bronwyn Dean  
CDA Content Areas: 2, 3



## Children's Natural Temperaments

Course: 4 hours

Course Level: All Levels

Using knowledge about children's inborn personality traits benefits your work with children. Learn about the nine temperament traits, look at your own temperament, and practice how to respond to children with different temperaments.

**Tuesday, August 10;  
Thursday, August 12  
9:30 a.m. – 11:30 a.m.**

**Course #: 1301-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Marshann Snyder

CDA Content Areas: 3, 8

## Read Aloud Well to Preschool Children

Course: 4 hours

Course Level: Basic

Reading to preschool children supports school readiness. Discover how library resources and effective storytelling strategies will enhance your reading to children ages 3 to 5.

**Wednesdays, August 11, 18  
6:45 – 8:45 p.m.**

**Course #: 1325-01**

City of Fairfax Regional Library  
10360 North Street, Fairfax 22030  
For Directions Only: 703-293-6227  
Presenter: Renee Edwards

CDA Content Area: 2

## Sensory Awareness and Sensory Tables

Workshop: 3 hours

Course Level: All Levels

This hands-on class will explore various sensory awareness activities you can provide for children throughout the year, using materials you probably already have.

**Saturday, August 14  
9:30 a.m. – 12:30 p.m.**

**Course #: 1328-03**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3

## NEW!

## Supporting Social-Emotional Development

Course: 4 hours

Course Level: All Levels

Very young children need dependable, nurturing and continuous care for strong social-emotional development. Learn more about social-emotional development and how to support it.

**Monday, August 16;  
Wednesday, August 18  
1 – 3 p.m.**

**Course #: 1367-02**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Marshann Snyder

CDA Content Areas: 3, 8

## Active Learning

Course: 4 hours

Course Level: Intermediate

Understand the role of adults in an active learning environment. Discover ways to create a supportive environment that will encourage active learning.

**Tuesdays, August 17, 24  
7 – 9 p.m.**

**Course #: 1250-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean

CDA Content Areas: 2, 3

## NEW!

## Writing Objective Observations

Course: 4 hours

Course Level: Intermediate

Observing children can provide a wealth of information. Learn how to write observations that are factual, descriptive and useful for curriculum planning and assessment.

**Tuesdays, August 17, 24  
7 – 9 p.m.**

**Course #: 1369-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher

CDA Content Area: 7

August  
Classes

### NEW!

#### Supporting Children's Learning: Preschoolers

Course: 4 hours

Course Level: All Levels

Consider how your interactions and the words you use can help preschool children learn. Discover ways to enhance your role as a careful observer of children so that you are better able to guide the learning process for preschool children. Learn how to support children's development through activities, daily routines and adult-child interactions.

**Wednesdays, August 18, 25**  
**7 – 9 p.m.**

**Course #: 1377-01**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Lora Fader Dunne  
Facilitator: IFEL Team  
CDA Content Areas: 2, 7

### NEW!

#### Watercolors for Older Preschoolers

Workshop: 2 hours

Course Level: Intermediate

Explore the medium of liquid watercolor and the many ways it can be used with older preschool and school-aged children.

**Thursday, August 19**  
**7 – 9 p.m.**

**Course #: 1370-01**

Resource Center at Main Street, Room 208  
10201 Main Street, Fairfax, 22030  
Presenter: Bronwyn Dean  
CDA Content Areas: 2, 3

### NEW!

#### Writing Objective Observations

Course: 4 hours

Course Level: Intermediate

Observing children can provide a wealth of information. Learn how to write observations that are factual, descriptive and useful for curriculum planning and assessment.

**Thursdays, August 19, 26**  
**7 – 9 p.m.**

**Course #: 1369-02**

Resource Center at Main Street, Room 211  
10201 Main Street, Fairfax 22030  
Presenter: Maria Gallagher  
CDA Content Area: 7

#### Storytelling

Workshop: 3 hours

Course Level: All Levels

Spark children's imagination, build literacy skills and have fun at the same time. Learn and practice simple techniques for sharing stories with young children.

**Saturday, August 21**  
**9:30 a.m. – 12:30 p.m.**

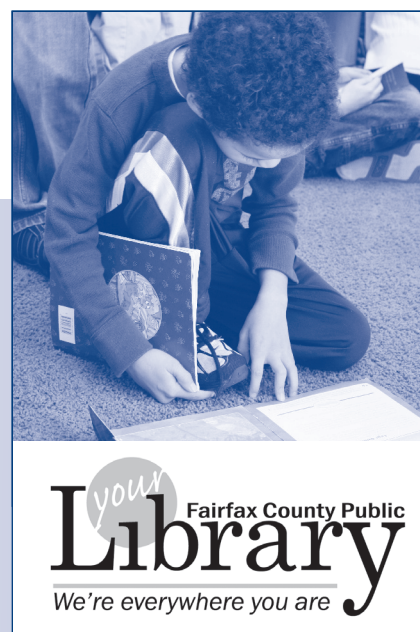
**Course #: 1320-02**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Maria Gallagher  
CDA Content Area: 2

## Using the Library Can Help Your Child Care Program

- Borrow children's books in a variety of languages.
- Read books about early childhood education.
- Take children to free library programs.

Ask a librarian about the many free programs and services offered by the Fairfax County Public Library.  
[www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library).



## ¡NUEVO!

### Libros y Más: Creando Cuentos para los Niños Pequeños

Curso: 4 horas

Nivel del Curso: Todos los Niveles

Crea una relación especial con los bebés y niños pequeños a través de libros y cuentos. Explore los conceptos básicos de la lectura y el lenguaje, así como diversas maneras de compartir historias con niños pequeños, incluyendo el uso de marionetas y otros materiales didácticos. Se prestará especial atención a los cuentos que sean bilingües. Patrocinado por los Especialistas en Infantes y Niños de Virginia.

**Jueves, 17 de junio y 24 de junio**  
**7 – 9 p.m.**

**Curso #: 1374-11**

Gum Springs Glen, Sala de Entrenamiento  
7839 Richmond Highway, Alexandria 22306  
Presentadora: Annice van der Sluis  
Facilitadora: ITSN Team

Areas Temáticas de CDA: 2, 3

## ¡NUEVO!

### Apoyando el Aprendizaje de los Bebés y Niños Menores de tres Años

Curso: 4 horas

Nivel del Curso: Todos los Niveles

Considere como la forma en que usted interactúa y habla con los niños pequeños les puede ayudar a aprender. Descubra como puede observar a los niños para que usted pueda guiarles en su aprendizaje. Aprenda como apoyar a los niños en su desarrollo a través de las actividades, rutinas diarias, y las interacciones entre adulto y niño. Particularmente, se hará énfasis en el aprendizaje de los niños que son bilingües y en este caso biculturales. Patrocinado por los Especialistas en Infantes y Niños de Virginia.

**Jueves, 8 de julio y 15 de julio**  
**7 – 9 p.m.**

**Curso #: 1372-11**

Gum Springs Glen, Sala de Entrenamiento  
7839 Richmond Highway, Alexandria 22306  
Presentadora: Annice van der Sluis  
Facilitadora: ITSN Team

Areas Temáticas de CDA: 2, 7

### Canciones, Cuentos y Señas para los más Pequeños

Taller: 2 horas

Nivel del Curso: Todos los Niveles

Aprenda a captar el interés de los infantes y niños en cuentos, canciones, juegos de mano, marionetas y otras artes expresivas mientras integra el lenguaje de señas americano básico para aumentar las habilidades de comunicación y vocabulario. Explore técnicas que despertaran el encanto por el aprendizaje en los niños más pequeños. Patrocinado por los Especialistas en Infantes y Niños de Virginia.

**Martes, 13 de julio**  
**7 – 9 p.m.**

**Curso #: 1350-11**

Resource Center at Main Street, Sala 213  
10201 Main Street, Fairfax 22030  
Presentadora: Mariana Pino  
Facilitadora: ITSN Team

Areas Temáticas de CDA: 2, 3

### Canciones, Cuentos y Señas para los más Pequeños

Taller: 2 horas

Nivel del Curso: Todos los Niveles

Aprenda a captar el interés de los infantes y niños en cuentos, canciones, juegos de mano, marionetas y otras artes expresivas mientras integra el lenguaje de señas americano básico para aumentar las habilidades de comunicación y vocabulario. Explore técnicas que despertaran el encanto por el aprendizaje en los niños más pequeños. Patrocinado por los Especialistas en Infantes y Niños de Virginia.

**Sábado, 17 de julio**  
**9:30 – 11:30 a.m.**

**Curso #: 1350-12**

Resource Center at Main Street, Sala 211  
10201 Main Street, Fairfax 22030  
Presentadora: Mariana Pino  
Facilitadora: ITSN Team

Areas Temáticas de CDA: 2, 3

### Canciones, Cuentos y Señas para los más Pequeños

Taller: 2 horas

Nivel del Curso: Todos los Niveles

Aprenda a captar el interés de los infantes y niños en cuentos, canciones, juegos de mano, marionetas y otras artes expresivas mientras integra el lenguaje de señas americano básico para aumentar las habilidades de comunicación y vocabulario. Explore técnicas que despertaran el encanto por el aprendizaje en los niños más pequeños. Patrocinado por los Especialistas en Infantes y Niños de Virginia.

**Sábado, 24 de julio**  
**9:30 – 11:30 a.m.**

**Curso #: 1350-13**

Resource Center at Main Street, Sala 211  
10201 Main Street, Fairfax 22030  
Presentadora: Mariana Pino  
Facilitadora: ITSN Team

Areas Temáticas de CDA: 2, 3

# SCHOOL READINESS CERTIFICATE

There are four courses in the School Readiness Certificate program. This 45-hour program will prepare you with the knowledge and skills needed to help children enter kindergarten ready to succeed. To receive a School Readiness Certificate, you will be required to attend all sessions in all four courses.

To earn a School Readiness Certificate, the four courses must be completed in the following order:

**Course 1: Understanding the Role of the “Early Learning Guidelines” in Assuring School Readiness**

**Course 2: Planning Early Learning Environments and Daily Routines**

**Course 3: Exploring Curriculum and Building Quality Portfolios**

**Course 4: Helping Children and Families Make Terrific Transitions**

**Beginning in the fall 2010 catalog, the School Readiness Certificate courses will be offered as follows:**

**Fall Catalog — Courses 1 and 2**  
(September through December)

**Winter/Spring Catalog — Courses 3 and 4**  
(January through May)

Please call 703-324-3044 if you have questions about enrolling in the School Readiness Certificate Program.

Participants who complete all four School Readiness Certificate courses may be eligible to receive college credits from the Northern Virginia Community College. Ask your course instructor for more information.

School  
Readiness

One series of the four courses in the School Readiness Certificate Program will be offered each calendar year.





# Wolf Trap

Institute for Early Learning Through the Arts

The Wolf Trap Institute for Early Learning Through the Arts provides innovative, arts-based teaching strategies and services to early childhood teachers, caregivers, parents and their young children through the disciplines of drama, music and movement.

The Fairfax County Office for Children is pleased to offer workshops in partnership with Wolf Trap.

## Story Boxes: Looking Beyond the Book

Course: 6 hours

Course Level: All Levels

Learn how a box of objects mixed with a little imagination can provide dance, theatrical and creative opportunities. Explore ways to enrich and extend children's literature and bring it to life with creative art experiences. Participants will develop a story box to bring to the second class.

**Saturdays, July 24; August 7**

**Course #: 1335-01**

**9:30 a.m. – 12:30 p.m.**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Amanda Layton (Wolf Trap Artist)  
Facilitator: Marshann Snyder

CDA Content Area: 2

**Presenter:**  
Amanda Layton



Wolf  
Trap



## Directions to the Center for Education at Wolf Trap

**From the Capital Beltway** (495), take exit 45 to Route 267 West (Dulles Toll Road). Follow signs to local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left.

**From Interstate 66 west-bound**, take exit 67 to Route 267 (Dulles Toll Road). Follow signs for local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left.

**From Interstate 66 east-bound**, take the Capital Beltway (495) North to exit 45 onto Route 267 (Dulles Toll Road). Follow signs to local exits, pay the toll and exit at the Wolf Trap ramp. Make a U-turn at the Filene Center, drive ¼ mile. The Center for Education will be on your left.

**From Route 7 west-bound** (toward Leesburg), turn left on Towlston Road, drive 1¼ miles. The Center for Education will be on your left.

**From Route 267 east-bound**, take exit 16 onto Route 7 West. Proceed 1½ miles and turn left on Towlston Road. Drive 1¼ miles. The Center for Education will be on your left.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

# Serve Nutritious Meals and Earn Cash!

By participating in the USDA Food Program, you can be reimbursed for some of the cost of providing healthy meals and snacks to the children in your care.

In addition to cash reimbursements, you will also receive:

- Priority registration for special workshops for USDA Food Program participants;
- Help in communicating with parents about food-related concerns;
- Assistance in planning well-balanced meals and snacks;
- Consultation with nutrition specialists.

Look at how much you can receive from the USDA Food Program:

## Money You Could Claim Monthly

Number of Children in Care	Tier One*	Tier Two*
5	\$426.30	\$204.75
3	\$255.78	\$122.85
1	\$85.26	\$40.95

## Money You Could Claim Yearly

Number of Children in Care	Tier One*	Tier Two*
5	\$5,115.60	\$2,457.00
3	\$3,069.36	\$1,474.20
1	\$1,023.12	\$491.40

\*For information about eligibility requirements for each tier, call 703-324-8100.

As soon as you have a family child care permit and children in care, please call **703-324-8100** to register for a USDA Food Program orientation class or to schedule an in-home USDA Food Program orientation.



USDA Child and Adult Care Food Program

# Family Child Care Business Workshops

Note: The following workshops are designed specifically for family child care providers.

## USDA Child and Adult Care Food Program Orientation

Workshop: 2 hours      Course Level: Providers who are new to the USDA Food Program.

Discover how the USDA Food Program will benefit your family child care business and support your program. Explore the resources you will be given when you participate in the Food Program. Learn how to join the Food Program and the easy way to submit your monthly claims for reimbursement. **Please note: After you join the Food Program, your child care specialist will visit you in your home and will provide you with a certificate for the two hours.**

**Tuesday, June 8**      **Course #: 1814-01**  
**7 – 9 p.m.**

Pennino Building, Room 1034  
011 Government Center Parkway, Fairfax 22035  
Presenter: Provider Services Staff  
CDA Content Area: 5

**Tuesday, July 13**      **Course # 1814-02**  
**7 – 9 p.m.**

Gum Springs Glen, Training Room  
7839 Richmond Highway Alexandria 22306  
Presenter: Provider Services Staff  
CDA Content Area: 5

**Tuesday, August 3**      **Course # 1814-03**  
**7 – 9 p.m.**

Pennino Building, Room 1034  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Provider Services Staff  
CDA Content Area: 5

## Child Abuse and Neglect Recognition and Response

Workshop: 2 hours      Course Level: All Levels

Explore the signs of child abuse and neglect. Review and discuss mandatory reporting guidelines.

**Wednesday, June 9**      **Course #: 1800-01**  
**7 – 9 p.m.**

South County Center, Room 221  
8350 Richmond Highway, Alexandria 22309  
Presenter: Pam Carter, Child Protective Services  
CDA Content Area: 5

## Accreditation, Credential and Certificate Orientation

Workshop: 2 hours      Course Level: Advanced

Discover how to move forward as a professional. Learn about the National Association for Family Child Care's accreditation for family child care providers; the Child Development Associate credential; the Fairfax County Office for Children School Readiness Certificate, and the Infant and Toddler Care Career Studies Certificate from Northern Virginia Community College.

**Wednesday, June 16**      **Course #: 1838-01**  
**7 – 9 p.m.**

South County Center, Room 221  
8350 Richmond Highway, Alexandria 22309  
Presenters: Mary Hanrahan, Maria Gallagher, Cindy Gonzales  
CDA Content Area: 5

**Wednesday, June 23**      **Course #: 1838-02**  
**7 – 9 p.m.**

Pennino Building, Room 206  
12011 Government Center Parkway, Fairfax 22035  
Presenters: Mary Hanrahan, Marshann Snyder, Karle Finley  
CDA Content Area: 5

## Growing Your Child Care Business: The Next Step

Workshop: 3 hours      Course Level: All Levels

Learn winning ways to grow your family child care business, including low-cost marketing, interviewing skills and business planning. Discover proven ideas that can take your business to the next level.

**Saturday, June 26**      **Course #: 1806-01**  
**9 a.m. – noon**

Community Business Partnership Building, Suite C  
7001 Loisdale Road, Springfield 22150  
Presenter: Barbara Wrigley  
CDA Content Area: 5

Family Child  
Care Business  
Workshops

### Entrenamiento de Medio Día para las Proveedoras de Cuidado de Niños

Taller: 4 horas

Nivel de Curso: Todos los Niveles

Usted debe registrarse por adelantado para este entrenamiento de medio día. Registración empieza a las 8 a.m. Los talleres comienzan a las 8:30 a.m. Usted será asignado un taller. Las proveedoras acumularán 4 horas de crédito por este entrenamiento de medio día. Todos los talleres serán presentados en español.

**Sábado, 26 de junio**  
**8:30 a.m. – 12:30 p.m.**

**Curso #: 1816-11**

Pennino Building, Sala 206  
12011 Government Center Parkway, Fairfax 22035  
Presentadora: División de Servicios al Proveedor

Áreas Temáticas de CDA: 2, 5

### SIDS and Shaken Baby Syndrome

Workshop: 2 hours

Course Level: All Levels

Learn ways to prevent Sudden Infant Death Syndrome. Discover techniques to help calm irritable infants and the dangers of Shaken Baby Syndrome.

**Thursday, July 22**  
**7 – 9 p.m.**

**Course #: 1833-01**

Pennino Building, Room 206  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Betty Connal

CDA Content Area: 1

### Infant Nutrition

Workshop: 3 hours

Course Level: All Levels

Learn about safe food handling and preparation, choking prevention, and infant meal pattern requirements that meet the challenges of nurturing and feeding infants.

**Saturday, July 24**  
**9 a.m. – noon**

**Course #: 1890-01**

Pennino Building, Room 206  
12011 Government Center Parkway, Fairfax 22035  
Presenter: Abeba Tzeggai

CDA Content Area: 1

### Growing Your Child Care Business

Workshop: 2 hours

Course Level: All Levels

Learn ways to run a successful family child care business, including effective marketing and record management. This information will be especially helpful for family child care providers who have been in business less than one year.

**Thursday, July 29**  
**7 – 9 p.m.**

**Course #: 1805-01**

Gum Springs Glen, Training Room  
7839 Richmond Highway, Alexandria 22306  
Presenter: Barbara Wrigley

CDA Content Area: 5

**Thursday, August 19**  
**7 – 9 p.m.**

**Course #: 1805-02**

Community Business Partnership Building, Suite C  
7001 Loisdale Road, Springfield 22150  
Presenter: Barbara Wrigley

CDA Content Area: 5

### Emergency Preparedness

Workshop: 2 hours

Course Level: All Levels

Learn how to enhance the emergency response plans you use to protect the children in your care. Discuss communication and evacuation plans, as well as supplies for first aid and sheltering in place.

**Wednesday, August 11**  
**7 – 9 p.m.**

**Course #: 1803-01**

South County Center, Room 221  
8350 Richmond Highway, Alexandria 22309  
Presenter: Marcelo Ferreiro, Office of Emergency Management  
CDA Content Area: 5

## HEALTH RESOURCES FOR CHILD CARE PROVIDERS

Providers are encouraged to do their own research in selecting a company for these services. The county is not offering this list as a recommendation or endorsement.

**American Health Services**

www.americanhealthserve.com  
703-619-1034

**American Lifeguard Association**

www.americanlifeguard.com  
703-761-6750

**American Red Cross**

(English and Spanish)  
www.redcross.org  
703-584-8700

**Berea Health Services**

(English and Spanish)  
rovi@cox.net  
703-585-2593

**CISNE Services**

(English and Spanish)  
cisnerj@hotmail.com  
703-574-3726

**CPR-N-U**

classes@CPR-N-U.com  
202-679-5880

**Fairfax City Parks and Recreation**

www.fairfaxva.gov  
703-385-7978

**Fairfax County Public Schools**

(Adult & Community Ed.)  
www.fcps.edu/aceclasses  
703-658-1225

**GotCPR**

www.gotcpr.net  
571-218-0871

**Heart Starts, LLC**

www.heartstarts.com  
703-261-7098

**Inova**

www.inova.com  
703-750-8800

**Julio Rodriguez**

(English and Spanish)  
Rodriguez\_3j@hotmail.com  
571-338-5058

**Safety First CPR & First Aid**

(English and Spanish)  
www.safety1stcpr.com  
703-209-2216

Health  
Resources



**Note: When contacting these companies, confirm that you will be issued a CPR/first aid card. Online or video first aid and/or CPR training will not be accepted for permit certification.**

### Health Department telephone numbers to call for TB Tests:

<b>Herndon</b>	703-481-4242	<b>Mt. Vernon</b>	703-704-5203
<b>Falls Church</b>	703-534-8343	<b>Springfield</b>	703-569-1031
<b>Fairfax</b>	703-246-7100		

You can also call your own doctor for a TB test.



# How to REGISTER ONLINE

Registration Begins May 12, 2010



## Online Registration

3. Type in your **Registration ID number** and PIN number in the appropriate boxes. Then click on **"Log In."**

4. After you **"Log In,"** this Web page will appear. There are 6 'buttons' you can click on. You can now:

- View the classes for which you are enrolled at **"IFEL Home."**
- Click on **"Enroll"** to view classes and enroll.
- View the last 3 years of your training **"History."**
- Update your **"Contact Information."**
- View training **"Locations"** with directions.
- **"Change PIN"** number.

If you cannot remember your numbers, click on **"Forgot your registration information?"** and enter the e-mail address you have on file with the Institute for Early Learning. Your ID and PIN will be sent to you via e-mail. If you do not have an ID or PIN, please call **703-324-3044**.

## How to REGISTER BY MAIL, FAX OR IN PERSON

Registration Begins May 12, 2010

Registration forms will be processed beginning May 12, 2010.

Forms received prior to that date cannot be processed.

### Mail or Fax

Fill out and mail or fax the registration form on page 27 to:

**Office for Children - Institute for Early Learning**

12011 Government Center Parkway, Suite 920

Fairfax, VA 22035

Fax number: 703-803-0116

Confirmation letters will be e-mailed to participants who have an e-mail address on file with the Institute for Early Learning. Confirmation letters will be mailed to participants who do not have e-mail.

If you haven't received confirmation of your course or workshop, please call **703-324-3044** or e-mail us at **dfsifel@fairfaxcounty.gov**.

### In Person

Drop off in person anytime on or after May 12, 2010. Bring a copy of your completed registration form to our office:

**Pennino Building, Suite 920**

12011 Government Center Parkway

Fairfax, VA 22035

Office hours are Monday – Friday, 8 a.m. – 4:30 p.m.

### By Phone

Register using the automated phone system by calling **703-324-4018** from any touch-tone phone.

Listen to the voice prompts carefully. Menu options include "general information," "enroll in training," and "cancel a course."

- You will need the course number to use this system.
- You will also need your personal registration ID number and PIN number. Please call 703-324-3044 if you do not know your personal registration ID number and/or your PIN number.
- If we have your e-mail address on file, you will receive an instant e-mail response indicating confirmation or waitlist status for your course or workshop.

**PLEASE NOTE:** Remember to write down your classes and enrollment status before exiting. You will not receive a confirmation letter by mail. You can, however, call back at anytime to listen to your enrollment or wait list status.

*Register by Mail,  
Fax or in Person  
on or after  
May 12, 2010*

# June - August 2010 Registration Request Form

## Registration Request Form

Registration Begins May 12, 2010.

**Registration forms will be processed beginning May 12, 2010.  
Forms received prior to that date cannot be processed.**

- To enroll, you must be working in a legally operating child care center, preschool or family child care home in Fairfax County, or be an early childhood professional living in Fairfax County.
- This registration form must be filled out completely in order for your registration to be processed.
- Please include your Registration ID#. For more registration information, see pages 24-26. If you do not have a registration ID#, please call **703-324-3044** for more information.

### Please clearly print your full name and current home address:

☐ Check if name, address or phone are new. Registration ID: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

E-mail: \_\_\_\_\_ Confirmation letters are now sent to your e-mail address.

### Check one:

- ☐ Center Director/Administrator  
Name of Center or School: \_\_\_\_\_
- ☐ Child Care Center/ Preschool Staff  
Name of Center or School: \_\_\_\_\_
- ☐ Family Child Care Provider
- ☐ Other: \_\_\_\_\_

### Courses:

- You may register for two courses/workshops. If you list more than two choices, please list them in order of your preference as you will only be considered for two courses/workshops.
- If you are a family child care provider, you may also register for two Family Child Care Business Workshops (pages 21-22).

Course #	Course Title	Start Date	Course Hours	For OFC Use Only	
Enrolled	Waitlist				
		/ /			
		/ /			
		/ /			
		/ /			
		/ /			

### Please mail, fax or deliver this registration form to:

Office for Children, 12011 Government Center Parkway, Pennino Building, Suite 920, Fairfax, VA 22035

**Fax: 703-803-0116 Telephone: 703-324-3044** (for information only, **not** for registration)

## Easier With E-Mail

### If you have e-mail, you can:

- Register quickly and easily from your home as soon as registration begins.
- Update your address and telephone information anytime.
- View your training history so you know which classes you have already taken.
- Send questions to the training department by e-mailing **dfsifel@fairfaxcounty.gov**.

### It's important to have e-mail, because:

- We are now using e-mail to confirm attendance in classes. Please check your e-mail often and reply when we send confirmation requests.
- General information about classes and training will be sent by e-mail.
- We're printing fewer paper copies of the training catalog. The catalog is posted on the Internet, and we will send links to it by e-mail.
- Links to the "Update" newsletter will be sent by e-mail.

### If you don't have an e-mail address:

If you have access to the Internet at home or at a public library, you can set up a free e-mail account using any of these Web sites:

- |  |  |
|--|--|
| ▪ <a href="http://www.yahoo.com">www.yahoo.com</a>     | (click on "New Here? Sign Up")                             |
| ▪ <a href="http://www.hotmail.com">www.hotmail.com</a> | (click on "Sign Up")                                       |
| ▪ <a href="http://www.lycos.com">www.lycos.com</a>     | (click on "Check Mail" in the left column)                 |
| ▪ <a href="http://www.excite.com">www.excite.com</a>   | (click on "Join Now" in the upper left corner of the page) |
| ▪ <a href="http://www.gmail.com">www.gmail.com</a>     | (click on "Create an Account")                             |
| ▪ <a href="http://www.aol.com">www.aol.com</a>         | (click on "Get Free Mail")                                 |



**If you don't have Internet access at home, you can use the Internet at any public library at no cost.**

Please let us know as soon as you get an e-mail address, or if you change your e-mail address. **Call 703-324-3044**, or e-mail **dfsifel@fairfaxcounty.gov**. Make sure the e-mail address you have given us is correct.



## Directions to Selected Training Sites

### Resource Center at Main Street

The Resource Center at Main Street is located at 10201 Main Street, Fairfax, 22030 in the same building as World Gym, next to the Fairfax Museum and Visitor's Center, and across the street from the Main Street Market Place shopping center.

From the Beltway (I-495), take Little River Turnpike (Route 236) west approximately four miles. Turn left onto Locust Street. Turn right into parking lot either in front of or behind building.

From Route 66, take Route 123 south toward Fairfax. Turn left onto North Street. Turn right onto Old Lee Highway. Turn left onto Main Street. Turn right onto Locust Street. Turn right into parking lot in front of or behind building.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com)

703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### Gum Springs Glen

Gum Springs Glen is located at 7839 Richmond Highway, Alexandria, 22306 across from Mount Vernon Crossroads Shopping Center and A.J. Wright.

This is a senior citizen apartment complex. Park in VISITOR SPACES ONLY.

From the beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Turn left onto Belford Drive across from A.J. Wright. Make an immediate left and drive to the back of the building. The entrance for the Office for Children training room is only accessible from the rear parking lot.

From the Fairfax County Parkway and southern Fairfax County, drive north on Richmond Highway (US 1). Turn right onto Belford Drive across from A.J. Wright. Make an immediate left and drive to the back of the building. The entrance for the Office for Children training room is only accessible from the rear parking lot.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### South County Center

The South County Center is located at 8350 Richmond Highway, Alexandria, 22309 across from NAPA Auto Parts. The parking lot and main entrance to the South County Center are located behind the building.

From the Beltway (I-495), exit 177A onto Richmond Highway (US 1) South. Drive approximately five miles. Turn right at Mohawk Lane into the parking lot.

From Fairfax County Parkway (Route 7100), take the Rolling Road exit (becomes Pohick Rd). Drive 4 miles and turn left onto Richmond Highway (US 1). Drive 5.5 miles and turn left at Mohawk Lane into the parking lot.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

### Pennino Building

The Pennino Building is located at 12011 Government Center Parkway, Fairfax, 22035, near Fair Oaks Mall and directly across from the Fairfax County Government Center.

From the beltway (I-495), take Route 66 West. Exit Route 66 onto Route 50 West. Exit Route 50 onto West Ox Road (Route 608) South. Make a left at traffic light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into the parking lot for Pennino Building. Park in the visitor parking spaces.

From the Fairfax County Parkway Northbound (Route 7100N), turn right at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

From the Fairfax County Parkway Southbound (Route 7100S), turn left at light onto Fair Lakes Parkway (east). Turn right at light onto Monument Drive (east). Turn right onto Government Center Parkway. Turn right onto Post Forest Road and then turn right into parking lot for Pennino Building.

For information on how to reach this location using public transportation, visit [www.fairfaxconnector.com](http://www.fairfaxconnector.com) 703-339-7200; TTY 703-339-1608 or [www.wmata.com](http://www.wmata.com) 202-637-7000; TTY 202-638-3780.

Office for Children  
Fairfax County Dept. of Family Services  
12011 Government Center Parkway, Suite 920  
Fairfax, Virginia 22035-1102

PRST STD  
U.S. POSTAGE  
PAID  
PERMIT 45  
FAIRFAX VA

Postmaster:

**TIME SENSITIVE MATERIALS**

Please deliver by May 1, 2010

**IMPORTANT:** Registration forms will be processed beginning May 12, 2010.

